

## FOR MORE INFORMATION

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## GO GREEN-EAT SLOW

### EVENT COMES TO SYRACUSE UNIVERSITY

(Syracuse, NY, [March 24, 2009])

On Wednesday, April 29, 2009 from 11 a.m. until 3 p.m., a “go green” themed, charitable food tasting event entitled “GO GREEN-EAT SLOW” will be taking place on the Syracuse University campus for the first time. GO GREEN-EAT SLOW will be held in the Waverly Parking Lot between University Place and South Crouse Avenue.

GO GREEN-EAT SLOW is bringing together the campus community and others in the area to celebrate the importance of going green and eating slow, local foods. The event will host a variety of local farmers’ markets and restaurants from the surrounding areas of Marshall Street and Westcott Street. The farmers will be selling their seasonal product, while the restaurants will be serving sample-sized portions of a dish that they believe best showcases their restaurant. All participating restaurants work with local distributors to ensure that they are featuring local product as well.

GO GREEN-EAT SLOW is the ultimate result of a student’s Honors Capstone thesis. SU senior, Amanda Gaynor, had the idea to research local food tastings in her hometown in order to put together a publicity campaign for a food tasting in the Syracuse area. Instead of a written thesis, she wanted to do even more by implementing her research and hosting an actual event.

GO GREEN-EAT SLOW is sponsored by the Sustainability Division, the Renée Crown University Honors Program, Onondaga County Resource Recovery Agency (OCCRA) and the Alpha Xi Delta sorority.

GO GREEN-EAT SLOW is open to the public. For a donation of \$5 or a canned non-perishable food item, attendees will be able to enjoy the restaurant tastings. There is no fee to browse the farmers’ product. All monetary proceeds and canned items will directly benefit the Food Bank of Central New York.